

# **Crabtree Farm Primary School**

## **PSHE Intent, Implementation and Impact**

*In our school, PSHE enables our children to become healthy, independent, responsible and respectful members of society.*

### **Intent**

To ensure our children have covered the objectives required to meet the aims of the National Curriculum. PSHE aims to help the children understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

We value the importance of PSHE and Citizenship education in preparing children for the opportunities, responsibilities and experiences of adult life. In addition, we believe that a child needs to learn about the many aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of safeguarding (see Safeguarding Policy).

Our programme aims to:

1. Develop confidences and responsibilities and make the most of their abilities.
2. Prepare them to play an active role as citizens.
3. Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
4. Develop good relationships and respect the differences between people.
5. Understand some basic principles of finances.
6. Make a positive contribution to the life of the school.

### **Implementation**

PSHE is taught across the school from F1-Year 6 on a weekly basis and as a school, we follow the framework from Nottingham City and deliver the lessons using the Coram Scarf planning and resources.

PSHE and Relationship and Sex Education (RSE) is embedded in all curriculum areas. For example, some biological aspects of RSE will be taught as part of the science curriculum, this is also the case for E-safety, which will be taught within computing.

Our overview sets out the learning opportunities for each year group, with 6 themes used to ensure that the core knowledge is sectioned into a manageable size. Teaching of PSHE and RSE includes sufficient and well-chosen opportunities and contexts for children to embed new knowledge so that it can be used confidently in real-life situations.

PSHE lessons will be delivered by class teachers or visiting external experts e.g. school nurse. Throughout every year group, appropriate diagrams, videos, books, games and practical activities will be used to assist learning. In the teaching of PSHE and RSE only correct medical terminology will be used. Teachers will ensure that children's views are listened to and will encourage them to

ask questions and engage in discussion. Teachers will answer questions sensitively, honestly and appropriate to the children's age.

Children in EYFS develop knowledge, skills and attributes that form a crucial foundation for later teacher of PSHE at KS1. Both curriculums complement each other, providing opportunities for progression throughout the school. The PSHE curriculum in EYFS is covered in the EYFS Statutory Framework prime area of Personal, Social and Emotional Development, with assessment at the end of F2 in Early Learning Goals – Self-regulation; Managing Self and Building Relationships. There are also many cross curricular links within other areas of learning, including Communication and Language, Speaking, Physical Development and Understanding the World.

We make connections between learning in PSHE and real-life experiences children have encountered or may be likely to. Links are often made between PSHE and other subjects, most notably science, PE, computing and RE. We also make connections with wider aspects of school life e.g. School Values; School Council; Eco-Warriors; Young Carers; Celebration Assemblies; Black History month; World Book Day and Charity events.

### **Impact**

Through this curriculum, we are able to equip children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. Through our PSHE curriculum, we believe that we prepare our children for the next stage in their education as well as preparing them, during this vital stage of their life, for the opportunities, responsibilities and experiences of an adult world. Our curriculum provides them with a chance to reflect and learn about these crucial elements.

Children will be able:

- To view themselves positively and be aware of their skills, attributes and achievements.
- To have respect for themselves and others.
- To develop positive and healthy relationships with their peers both now and in the future, including on-line relationships and understand their boundaries.
- To understand how to keep healthy both physically and mentally and know how to keep themselves safe physically, mentally and technologically.
- To confidently discuss problems and seek help to solve them.
- To manage risk in their play, friendships, work and also on-line.
- To demonstrate knowledge and understanding of diversity and equality.
- To understand their responsibilities as well as their rights. Promoting fairness.
- To respond positively to change.
- To understand the physical aspects involved in RSE at an age appropriate level.
- To manage power positively. They will be able to identify forms of bullying and work proactively to deal with these issues.
- To demonstrate and apply the British Values of Democracy; Tolerance; Mutual Respect; Rule of Law and Liberty.
- To have a positive attitude towards their learning and work proactively to meet their goals – be aspirational.
- To demonstrate a healthy outlook towards school – attendance will be in line with national and behaviour will be good.