






BREAKFAST CLUB

Allergen Information

Breakfast club items may vary from week to week, however products will be from the following:

Item	Allergens				
	<table border="1" data-bbox="475 813 1461 990"> <tr> <td data-bbox="491 835 603 862">Ingredients</td> <td data-bbox="759 835 1437 898">Whole Wheat (95%), Barley Malt Extract, Sugar, Salt, Niacin, Iron, Riboflavin, Thiamin, Folic Acid.</td> </tr> <tr> <td data-bbox="491 938 624 965">Allergy advice</td> <td data-bbox="759 938 1086 965">For allergens, see ingredients in bold.</td> </tr> </table>	Ingredients	Whole Wheat (95%), Barley Malt Extract , Sugar, Salt, Niacin, Iron, Riboflavin, Thiamin, Folic Acid.	Allergy advice	For allergens, see ingredients in bold.
Ingredients	Whole Wheat (95%), Barley Malt Extract , Sugar, Salt, Niacin, Iron, Riboflavin, Thiamin, Folic Acid.				
Allergy advice	For allergens, see ingredients in bold.				
	<table border="1" data-bbox="475 1066 1461 1243"> <tr> <td data-bbox="491 1088 603 1115">Ingredients</td> <td data-bbox="727 1088 1422 1151">Rice, Sugar, Barley Malt Extract, Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12.</td> </tr> <tr> <td data-bbox="491 1191 624 1218">Allergy advice</td> <td data-bbox="727 1191 1054 1218">For allergens, see ingredients in bold.</td> </tr> </table>	Ingredients	Rice, Sugar, Barley Malt Extract , Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12.	Allergy advice	For allergens, see ingredients in bold.
Ingredients	Rice, Sugar, Barley Malt Extract , Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12.				
Allergy advice	For allergens, see ingredients in bold.				
	<table border="1" data-bbox="475 1339 1461 1516"> <tr> <td data-bbox="491 1361 603 1388">Ingredients</td> <td data-bbox="727 1361 1437 1424">Maize, Sugar, Salt, Barley Malt Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.</td> </tr> <tr> <td data-bbox="491 1464 624 1491">Allergy advice</td> <td data-bbox="727 1464 1054 1491">For allergens, see ingredients in bold.</td> </tr> </table>	Ingredients	Maize, Sugar, Salt, Barley Malt Extract , Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.	Allergy advice	For allergens, see ingredients in bold.
Ingredients	Maize, Sugar, Salt, Barley Malt Extract , Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.				
Allergy advice	For allergens, see ingredients in bold.				
	<table border="1" data-bbox="475 1581 1461 1868"> <tr> <td data-bbox="491 1603 603 1630">Ingredients</td> <td data-bbox="671 1603 1445 1765">Wholegrain Oat Flour (30%), Wholegrain Wheat Flour (30%), Wholegrain Barley Flour (18%), Sugar, Wheat Starch, Invert Sugar Syrup, Oligofructose, Wholegrain Maize Flour (2%), Wholegrain Rice Flour (2%), Sunflower Oil, Colour: Paprika Extract; Salt, Stabiliser: Calcium Carbonate; Caramelised Sugar Syrup, Vitamin C, Antioxidant: Tocopherol-rich Extract; Carrot Concentrate, Ferrous Fumarate, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin B12.</td> </tr> <tr> <td data-bbox="491 1805 624 1832">Allergy advice</td> <td data-bbox="671 1805 1445 1854">For allergens, see ingredients in bold. May also contain nuts, peanuts, milk, sesame and soya.</td> </tr> </table>	Ingredients	Wholegrain Oat Flour (30%), Wholegrain Wheat Flour (30%), Wholegrain Barley Flour (18%), Sugar, Wheat Starch , Invert Sugar Syrup, Oligofructose, Wholegrain Maize Flour (2%), Wholegrain Rice Flour (2%), Sunflower Oil, Colour: Paprika Extract; Salt, Stabiliser: Calcium Carbonate; Caramelised Sugar Syrup, Vitamin C, Antioxidant: Tocopherol-rich Extract; Carrot Concentrate, Ferrous Fumarate, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin B12.	Allergy advice	For allergens, see ingredients in bold. May also contain nuts, peanuts, milk, sesame and soya.
Ingredients	Wholegrain Oat Flour (30%), Wholegrain Wheat Flour (30%), Wholegrain Barley Flour (18%), Sugar, Wheat Starch , Invert Sugar Syrup, Oligofructose, Wholegrain Maize Flour (2%), Wholegrain Rice Flour (2%), Sunflower Oil, Colour: Paprika Extract; Salt, Stabiliser: Calcium Carbonate; Caramelised Sugar Syrup, Vitamin C, Antioxidant: Tocopherol-rich Extract; Carrot Concentrate, Ferrous Fumarate, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin B12.				
Allergy advice	For allergens, see ingredients in bold. May also contain nuts, peanuts, milk, sesame and soya.				
	<table border="1" data-bbox="475 1957 1461 2029"> <tr> <td data-bbox="491 1980 603 2007">Legal name</td> <td data-bbox="751 1980 1166 2007">Pasteurised Homogenised Semi-Skimmed Milk</td> </tr> </table>	Legal name	Pasteurised Homogenised Semi-Skimmed Milk		
Legal name	Pasteurised Homogenised Semi-Skimmed Milk				



Legal name Granulated Sugar.



Ingredients **Wheat Flour** (**Wheat Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast, **Soya Flour**, Preservative: Calcium Propionate; Emulsifier: Mono- And Diacetyl Tartaric Acid Esters Of Mono- And Diglycerides Of Fatty Acids; Spirit Vinegar, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid.

Allergy advice For allergens, see ingredients in bold.



Ingredients Water, Vegetable Oils (Rapeseed, Sunflower, Linseed), Coconut Fat, Salt 1.2%, Emulsifier (Mono-and Diglycerides of Fatty Acids), Vinegar, Natural Flavourings, Vitamin A

Dietary requirements Gluten free



Ingredients Strawberries, Glucose-fructose Syrup, Sugar, Acidity Regulators: Citric Acid, Sodium Citrates; Gelling Agent: Pectins. Prepared With 45g Of Fruit Per 100g. Total Sugar Content: 61g Per 100g

Allergy advice For allergens, see ingredients in bold.



Ingredients Water, Orange Comminute From Concentrate (20%), Acid: Citric Acid; Acidity Regulator: Sodium Citrates; Flavouring; Sweeteners: Acesulfame K, Sucralose; Stabilisers: Acacia Gum, Sodium Carboxy Methyl Cellulose, Glycerol Esters Of Woods Rosins, Sucrose Acetate Isobutyrate; Preservatives: Potassium Sorbate, Sodium **Metabisulphite**; Antioxidant: Ascorbic Acid, Colour: Carotenes.

Allergy advice For allergens, see ingredients in bold.



Ingredients Water, Apple Juice Concentrate (18%), Blackcurrant Juice From Concentrate (2%), Acids: Citric Acid, Malic Acid; Colour: Anthocyanins; Acidity Regulator: Sodium Citrates; Sweeteners: Acesulfame K, Sucralose; Flavourings, Preservatives: Potassium Sorbate, Sodium **Metabisulphite**; Stabiliser: Cellulose Gum.

Allergy advice For allergens, see ingredients in bold.



Whole fruits