








Allergen Information

Breakfast club items may vary from week to week; however, products will be from the following:

Item	Allergens				
	<table> <tr> <td>Ingredients</td><td>Whole Wheat (95%), Barley Malt Extract, Sugar, Salt, Niacin, Iron, Riboflavin, Thiamin, Folic Acid.</td></tr> <tr> <td>Allergy advice</td><td>For allergens, see ingredients in bold.</td></tr> </table>	Ingredients	Whole Wheat (95%), Barley Malt Extract, Sugar, Salt, Niacin, Iron, Riboflavin, Thiamin, Folic Acid.	Allergy advice	For allergens, see ingredients in bold.
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Ingredients

INGREDIENTS: Maize, Sugar, Salt, **Barley** Malt Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.

Allergy Information

For allergens, see ingredients in bold.



Ingredients

Wholegrain Oat Flour (30%), Wholegrain **Wheat** Flour (30%), Wholegrain **Barley** Flour (18%), Sugar, **Wheat** Starch, Invert Sugar Syrup, Oligofructose, Wholegrain Maize Flour (2%), Wholegrain Rice Flour (2%), Sunflower Oil, Colour: Paprika Extract; Salt, Stabiliser: Calcium Carbonate; Caramelised Sugar Syrup, Vitamin C, Antioxidant: Tocopherol-rich Extract; Carrot Concentrate, Ferrous Fumarate, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin B12.

Allergy advice

For allergens, see ingredients in bold. May also contain nuts, peanuts, milk, sesame and soya.



Ingredients

INGREDIENTS: Wholemeal **Wheat** Flour (39%), **Oat** Flour (20%), Sugar, **Barley** Flour, **Wheat** Starch, Maize Semolina, Rice Flour, Caramelised Sugar Syrup, Iron, Salt, Flavouring, Colour (Paprika Extract), Carrot Extract, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.

Allergy Information

May contain soya, peanuts, nuts and milk. For allergens, including cereals containing gluten, see ingredients in bold.



Ingredients

INGREDIENTS: Wholemeal **Wheat** Flour (36%), **Oat** Flour (19%), Sugar, **Barley** Flour, **Wheat** Starch, Maize Semolina, Rice Flour, Honey (3%), Flavouring, Caramelised Sugar, Salt, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.

Allergy Information

May contain soya, peanuts, nuts and milk. For allergens, including cereals containing gluten, see ingredients in bold.



Ingredients

INGREDIENTS: Wholewheat Flour, Sugar, Malted Barley Extract, Partially Inverted Sugar Syrup, Salt, Niacin, Iron, Pantothenic Acid, Thiamin, Riboflavin, Vitamin B6, Folic Acid, Vitamin B12.

Allergy Information

Contains barley and wheat. For allergens, including cereals containing gluten, see ingredients in bold.



Ingredients

INGREDIENTS: Maize, Sugar, Salt, **Barley** Malt Extract, Iron, Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12.

Allergy Information

For allergens, see ingredients in bold.



Legal name

Granulated Sugar.



Legal name Pasteurised Homogenised Semi-Skimmed Milk



Ingredients **Wheat Flour** (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast, **Soya** Flour, Preservative: Calcium Propionate; Emulsifier: Mono- And Diacetyl Tartaric Acid Esters Of Mono- And Diglycerides Of Fatty Acids; Spirit Vinegar, Rapeseed Oil, Flour Treatment Agent: Ascorbic Acid.

Allergy advice For allergens, see ingredients in bold.



Ingredients Wheat flour (**Wheat** flour, Calcium carbonate, Iron, Niacin, Thiamin), Water, Yeast, **Wheat** Protein, Salt, Spirit Vinegar, Emulsifiers (Mono- and diglycerides of fatty acids- Vegetable, Mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids- Vegetables), Preservative (Calcium propionate), Vegetable Oils (Rapeseed, Palm), Palm Fat, Flour Treatment Agent (Ascorbic acid)

Allergy Advice For allergens, including cereals containing gluten, see ingredients in **bold**. Also, may contain other gluten containing cereals (barley, oats, rye).



Ingredients Water, Vegetable Oils (Rapeseed, Sunflower, Linseed), Coconut Fat, Salt 1.2%, Emulsifier (Mono-and Diglycerides of Fatty Acids), Vinegar, Natural Flavourings, Vitamin A

Dietary requirements Gluten free



Ingredients Water, Vegetable Oils (Rapeseed Oil, Palm Oil, Palm Kernel Oil), Reconstituted **Buttermilk** (10%), Modified Maize Starch, Salt (1.5%), Emulsifiers: Mono- And Diglycerides of Fatty Acids, Polyglycerol Polyrinoleate; Preservative: Potassium Sorbate; Acid: Lactic Acid; Colours: Annatto Bixin, Curcumin; Flavouring.

Allergy advice For allergens see ingredients in bold.



Ingredients Strawberries, Glucose-fructose Syrup, Sugar, Acidity Regulators: Citric Acid, Sodium Citrates; Gelling Agent: Pectins. Prepared With 45g Of Fruit Per 100g. Total Sugar Content: 61g Per 100g

Allergy advice For allergens, see ingredients in bold.



Ingredients Water, Orange Comminute From Concentrate (20%), Acid: Citric Acid; Acidity Regulator: Sodium Citrates; Flavouring; Sweeteners: Acesulfame K, Sucralose; Stabilisers: Acacia Gum, Sodium Carboxy Methyl Cellulose, Glycerol Esters Of Woods Rosins, Sucrose Acetate Isobutyrate; Preservatives: Potassium Sorbate, Sodium **Metabisulphite**; Antioxidant: Ascorbic Acid, Colour: Carotenes.

Allergy advice For allergens, see ingredients in bold.



Ingredients Water, Apple Juice Concentrate (18%), Blackcurrant Juice From Concentrate (2%), Acids: Citric Acid, Malic Acid; Colour: Anthocyanins; Acidity Regulator: Sodium Citrates; Sweeteners: Acesulfame K, Sucralose; Flavourings, Preservatives: Potassium Sorbate, Sodium **Metabisulphite**; Stabiliser: Cellulose Gum.

Allergy advice For allergens, see ingredients in bold.



Whole fruits