

Dear Parent / Carer

ASD Parent Sessions

These sessions are drop-in mornings so there is no need to book. They are for parents /carers of children with ASD and will be an opportunity to:

Listen to speakers on a variety of topics relevant to families of children with ASD.

Chat to specialists working with children with ASD from local Health, Education and Social Care teams.

Paediatrician/ nurse specialist available if you need to talk one to one.

Some months we will specifically focus on families with a new diagnosis.

The sessions run the 3rd Wednesday of the month between 10.00 and 12.00 and are formatted as below:

10:00 – 11:00 Speakers / Presentation

11:00 – 12:00 Questions / Chat / Tea & Coffee

Upcoming Sessions / Topics

20th September 2023 - Sleep

18th October 2023 - Diet

15th November 2023 – Surviving Christmas

December 2023 – No session

17th January 2024 – Anxiety

21st February 2024 – Behaviour

20th March 2024 - Sleep

17th April 2024 – ADHD/Tourette's

15th May 2024 – Transitioning to school

19th June 2024 – Continence

17th July 2024 – Sensory

August 2024 – No session

Please note the planned topics may be subject to change but if you call the development centre prior to attending, we can confirm if the original topic is running.

WE HOPE TO SEE YOU SOON

Please note

Parking at the Children's Development Centre is only for Childrens appointments so will not be available for attendees during these sessions. There is pay and display parking on the hospital site.

The brown line buses from the city centre (Milton Street) stop opposite entrance 2 on Hucknall Road and the Medilink bus stops on the campus near entrance 2. The Medilink connects with the tram at Wilkinson Street where there are Park and Ride facilities.

To reach us, enter the hospital site on entrance 1 on Hucknall Road (the entrance furthest from the ring road) and follow the signs to the Children's Centre

Sessions are for parents/carers only, apologies but we cannot provide childcare.

For more info contact:-

CHILDREN'S CENTRE
CITY HOSPITAL CAMPUS
HUCKNALL ROAD
NOTTINGHAM
NG5 1PB
0115 8831178



Parent Sessions

Children's Development
Centre, City Hospital

September 2023 –
August 2024

