

GOOSE FAIR DAY

Thursday 2nd October

Hot Dog
Veggie Hotdog

served with Diced
Potatoes
Fried onions and
Mushy Peas

Chocolate Brownie



Nottingham City Council

Nutrition Plan with Carbohydrates and Allergens

Nutrition Plan: GooseFGF Goose Fair Gluten Free

Group	Menu Item	Recipe Code	Sub Recipe Codes	Carbohydrate Count	Portion Size (g)	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide and Sulphites
Mains	Hot Dog Gluten free	R00649	R00649	20.62g	119.00														
Mains	Veggie Hotdog Gluten Free	R00919	R00919	19.17g	119.92														
Veg	Fried onions	R00798	R00798	1.19g	15.00														
Veg	Mushy Peas	R00407	R00407	5.50g	50.00														
Carb	Diced Potatoes roasted	R00008	R00008	17.20g	100.00														
Dessert	Chocolate Muffin GF/DF	R00318	R00318	23.14g	34.93														
Sauce	Mint sauce	R00918	R00918	1.00g	5.00														
Sauce	Tomato sauce	R00166	R00166	1.20g	5.00														

Legend

- Contains
- May Contain
- Does Not Contain
- No Information

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Mains	Pork Hotdog	R00408	R00408	90.50	25.89g	○	●	○	○	○	○	○	○	○	○	○	○	○	●
Mains	Veggie Hot Dog	R00236	R00236	90.00	25.84g	○	●	○	○	○	○	○	○	○	○	○	○	○	○
Veg	Fried onions	R00798	R00798	15.00	1.19g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Veg	Mushy Peas	R00407	R00407	50.00	5.50g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Carb	Diced Potatoes roasted	R00008	R00008	100.00	17.20g	○	○	○	○	○	○	○	○	○	○	○	○	○	●
Dessert	Chocolate Brownie	R00144	R00144	66.90	33.96g	○	●	○	○	○	○	○	○	○	○	○	○	○	○
Sauce	Mint sauce	R00918	R00918	5.00	1.00g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Sauce	Tomato sauce	R00166	R00166	5.00	1.20g	○	○	○	○	○	○	○	○	○	○	○	○	○	○