



## PSHE Policy

Date Reviewed/Updated: December 2025

Next Review: September 2026

Every Child, Every Chance, Every Day; Working Together

## **What is PSHE?**

Personal, social, health and economic education (PSHE) promotes pupils' personal, social and emotional development, as well as their health and well-being. It helps to give children the knowledge and skills they need to lead confident, independent and healthy lives. It aims to help them understand how they are developing both personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding.

## **Aims**

At Crabtree Farm Primary School, we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHE and Citizenship education in preparing children for the opportunities, responsibilities and experiences of adult life. In addition, we believe that a child needs to learn about the many aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding (see Safeguarding Policy).

Our programme aims to:

1. Develop confidences and responsibilities and make the most of their abilities.
2. Prepare them to play an active role as citizens.
3. Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
4. Develop good relationships and respect the differences between people.
5. Understand some basic principles of finances.
6. Make a positive contribution to the life of the school

## **Teacher Guidelines**

The Teaching of PSHE:

Crabtree Farm Primary uses the updated 'I can statements', taken from the Nottingham City's PSHE framework.

Each class teacher has a folder containing the statements, which have been divided into the different strands of PSHE.



In addition, teachers will aim to set aside time in class to discuss matters arising from school council meetings.

We recognise that Circle Time is a very useful teaching model for many of the aspects of PSHE and also include class assemblies that run alongside the themes being taught.

PSHE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:

1. Encouraging everybody to take responsibility for their actions through the agreement of class rules.
2. Involving children in the setting of their targets for learning.
3. Encouraging children to recognise and respect differences between people.
4. The election of a school council in a democratic manner, which actively develops the direction of the school.
5. Encouraging children to take responsibility for their behaviour.

There are wider opportunities for personal and social development at school. These include:

1. The development of each child's ability to work as part of a team, become active within the school community and recognise the qualities of good citizenship.
2. Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
3. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
4. Coming together as a school for collective worship to celebrate academic and personal achievements.
5. Planning events which encourage the school to work together for example, Christmas nativity, charity coffee events, themed weeks, summer and Christmas fairs.

We seek to promote a healthy lifestyle and self-confidence for our community by:

1. The provision of a range of lunch time and after school clubs e.g. football, computing and multisport, which help foster a healthy lifestyle and encourage children to explore individual talents.
2. Providing opportunities in school for children to learn a musical instrument.
3. Promoting walking to school.
4. Breakfast club provision, where a healthy meal is provided.



5. Healthy eating promotions during the year, which have included all classes participating in well-being week and posters encouraging a healthy diet.
6. Attention to the needs of SEN/EAL children.

We seek the involvement of the whole school community through:

1. Encouraging parents/carers to support trips or whole school events.
2. Newsletters sent to parents/carers.
3. The home/school agreement.
4. The Crabtree Farm Parents' Group.

### **Time Allocation**

Each class teacher will aim to allocate a minimum of 30 minutes each week to PSHE.

### **Resources**

Resources for PSHE and RSE are kept in the corridor between classes 7 and 8, the Rainbow library in the link corridor and all year groups having their own selection of books that cover a wide range of issues. All SCARF resources are available to download from the Coram website and are age specific.

### **Monitoring**

The subject leader will carry out a programme of sampling lessons over the year and write an annual report to governors.

### **Equal Opportunities**

PSHE follows the Equal Opportunities Policy of Crabtree Farm Primary School.

### **Responsibilities**

The PSHE subject leader is responsible for:

- Monitoring the teaching and learning of PSHE.
- Overseeing and implementing the policy.



- Writing an annual Curriculum Development Plan and evaluating progress throughout the year.
- Attending INSET and providing staff with appropriate feedback.

Mrs Shipley

PSHE Subject Leader

December 2025

Review date – September 2026

